

marah

Directors' Report and Financial Statements

Year Ending 31 March 2022

Serving the disadvantaged of Stroud and the Five Valleys

Marah Trust
(a company limited by guarantee)

TRUSTEES	Jacqueline Mae Natt	Chair
	Tina Cutler	Secretary
	James Coubrough	Treasurer
	Keith Rudman	
	David Elliott Drew	

COMPANY SECRETARY	Tina Cutler
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REGISTERED OFFICE	Open House Painswick Inn Gloucester Street Stroud GL5 1QG
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GENERAL OFFICE	Open House Painswick Inn Gloucester Street Stroud GL5 1QG
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INDEPENDENT EXAMINER	Hazlewoods LLP Accountants Windsor House Bayshill Road Cheltenham Glos GL50 3AT
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BANKERS	Lloyds TSB Bank Plc 13 Rowcroft Stroud GL5 3BD
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WEBSITE	www.marah.org.uk
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REGISTERED COMPANY NUMBER	05731514 (England and Wales)
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REGISTERED CHARITY NUMBER	1115471
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Chair's Report

March 2021 – March 2022 was another disturbing year while the country emerged from the January lockdown and started to try to get back to our normal life patterns again. We were all affected in different ways and Marah was no exception.

We continued to serve our meals as takeaways for several months. The numbers of meals given out continued to rise and the need for another day to open became apparent.

In August we were given a grant for 3 months to open an extra day. We are extremely grateful to the Julia and Hans Rausing Trust for their generosity. We opened our doors on Friday for the first time in August and very soon this day was as busy as the others. We were delighted to take on one of our volunteers as the cook for this session.

Also in August, the Saturday team moved to St Albans church hall as Stroud Baptist church was no longer available.

In October, we made the decision to reopen for sit down meals again. The response was slow and many of our guests were wary of eating together. Then Covid intervened again and just before Christmas we were forced to return to take aways as the infection rate rose.

Sadly, our Christmas meal of 2021 was, once again, served as a takeaway. We are grateful to our many supporters. Nuvview once again, gave us the cost of the Christmas meal and the Julia & Hans Rausing Trust gave us a donation which enabled us to give out a food bag as a Christmas gift to our guests. The bag contained several food items and included a few Christmas treats which were gratefully received. Our thanks to all our supporters.

In February, we reopened for sit down meals indoors. Gradually our guests started to return to eat their meal with us and the Marah community spirit returned! The numbers of meals served are now more than they were pre Covid.

At Christmas, Andrew Gillett, who has helped Michael with administration in the office for several years left for a new career. We wish him well.

In March the MBE which had been presented to Marjorie Phelps (one of our founders) in recognition of her work with Marah was given to us by her nephew, Christopher. As Marjorie had no children, Chris felt that Marah was the best place for the MBE. It is now in our safe keeping.

Looking to the future we are hoping to keep the extra day as a permanent fixture, and we hope that 2022 - 2023 will be a brighter and more optimistic year.

The trustees would like to thank Michael, Janet, Mandy and every volunteer for helping to keep Marah running throughout this difficult time.

Jacqueline Natt
Chair of Trustees

Treasurer's Report

Summary

Additional grants were secured which allowed us to provide our services on one more day, Friday. These additional costs, budgeted at approximately £14,000 per year, contributed to the reduction of the surplus at year end 31, March 2022, down to £9,069 from the previous year of £29,266. Thankfully we are sustained by our regular donors and several grants, some of which were restricted to the Drop-in itself. There were no related party transactions.

Income

The majority of our income sources are now approximately equally divided between grants and donations from individuals.

Raising and maintaining a steady income stream is a challenge for a small charity like Marah and the reserves policy considers the need to make clear responsible decisions that safeguard the rights of our staff, as well as doing the best for our guests.

Over the past financial year, we have applied for grants from charitable trust funds with great success which has contributed to almost 52% of our income. This strategy continues but as with many small charities the income from grant applications is uncertain and inconsistent.

Although our strategy is to promote the charity locally to sign up monthly givers, this still proves difficult especially in the current economic climate. The number of regular donations has dropped slightly from 120 to 99 which includes those giving regularly online. In November 2021, sadly the website www.virginmoneygiving.com closed down. 26 donors were giving via www.virginmoneygiving.com but only 11 transferred to the online giving websites CAF and Localgiving.org with which Marah registered. Our regular income is about £1,400 per month which includes Gift Aid of about £200 which still leaves a regular shortfall of about £3,500 per month. Due to critical one-off donations by individuals and grants, this anticipated shortfall has been covered this year but as these cannot be relied on year on year our policy is to keep up the level of reserves as demand increases.

Expenditure

During Covid-19 Marah provided take-away meals and this only slightly reduced when we reverted to providing meals in-house. Hence, the extra cost of take-away boxes continues. In August, due to Stroud Baptist Church offering its hall for a sale, the venue for Saturdays was moved to St Albans church hall. with a slight reduction in cost. Fortunately, the extra cost of opening on Fridays was met with a donation from Julia & Hans Rausing trust for the first 3 months. This extra cost is regularly reviewed and so far we have been able to maintain opening on Fridays.

Future Fundraising

We would like to achieve 200 regular donors by the end of 2023. Unfortunately, due to Covid-19 restrictions, the usual income from local community groups, events, street collections and talks by our trustees has not happened. We have spent time on raising Marah's profile via links with a local newspaper and with improvements to our website.

Local churches and individual donors continue to support Marah with one-off gifts.

At the end of the financial year in March 2020, Marah responded to the impact of Covid-19 on its operation. The finances were reviewed, and some extra funding was achieved. These covered the extra costs of the ongoing protection measures that had to be introduced and enabled Marah to continue its operation. During 2021-22, these protection measures have reduced but the policies of strict hygiene are maintained.

Reserves Policy

In consideration of our responsibilities as a Registered Charity and Company Limited by Guarantee, Marah aims to have a considered and purposeful policy for applying the charity's income. This is to ensure that Marah balances the needs of present and future beneficiaries and applies the resources at its disposal as efficiently as possible within the terms of our Constitution. The principle of this policy is that we will ensure that we make sufficient provision to cover our statutory obligations and any contract commitments. This will include:

- statutory redundancy payments
- refurbishment costs
- utility charges

At present our reserves has a balance of £124,015 which is unrestricted of which £25,000 is reserved for statutory purposes in the event of Marah having to close. Any restricted funds received will focus on Drop-in costs and the remaining surplus will meet on-going regular shortfalls and future expansion of Marah's operation.

In line with being financially prudent, £62,905 is held in deposit bank accounts which approximately equates to one year of expenditure.

Jim Coubrough

Treasurer

Purpose and Mission

The principal object of the Trust is to express Christian faith in action by assisting those in need and the marginalised, including those suffering because of abuse of alcohol, drugs or otherwise addicted.

Our Vision

Our vision is to be a key provider of support to the most vulnerable in the Stroud District, helping them to improve their physical and mental health and wellbeing. We aim to achieve this by helping our guests access existing statutory and charitable services. Where these services are unsuitable or unavailable, Marah will aim to provide this help direct. We welcome all who come to us as our guests.

Our Mission

- Providing free, nutritious meals four times a week to all of our guests.
- Offering a non judgemental warm and welcome place to come and socialise.
- Supporting the homeless and those in need in respect of accommodation.
- Ensuring access to advice and practical support to those in need.
- Promoting the care, welfare and rehabilitation of persons who have been or are abusing alcohol, drugs or other substances or addicted to gambling or otherwise addicted.
- Assisting individuals to become as self-sufficient as possible and to encourage their integration into and participation in society.
- Providing a stable, safe place for our guests where practical needs are met so that personal developments can be made.

Our Values

- We are non-judgmental
- We are supportive
- We are accessible
- We show compassion
- We are inclusive



'It's a friendly welcoming place. Everyone is treated well no matter who they are. Volunteers and staff always concerned about how you are and what's happening in your life. It's good having an extra day to come and enjoy Marah. I like the socializing and friends I've made here.' (Paul)

How our Activities Deliver Public Benefit

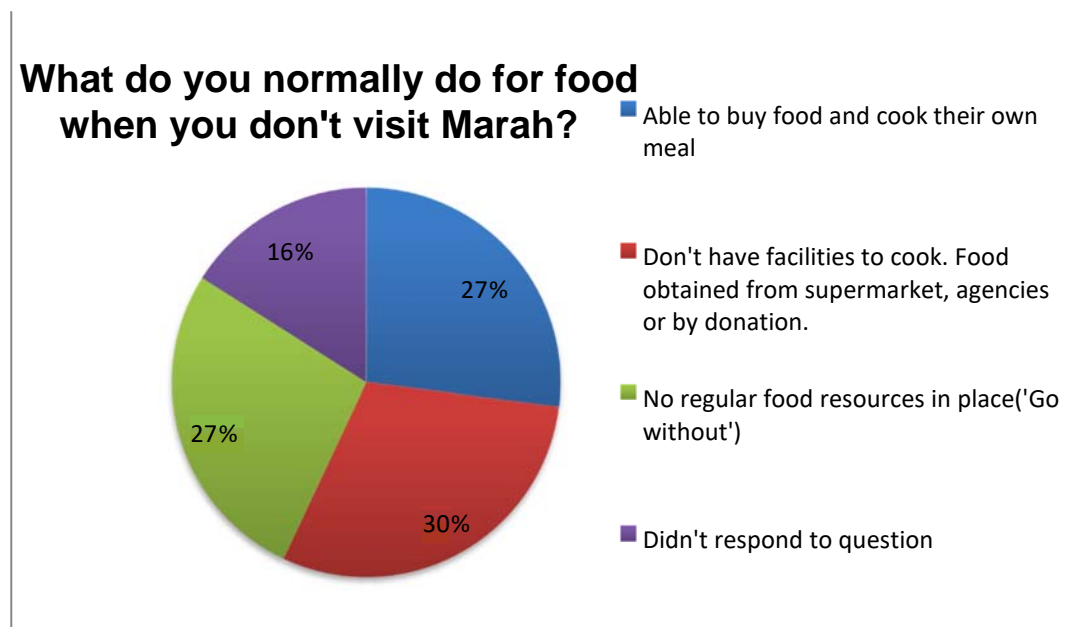
Our main activities focus on improving the health and welfare of those who live on the margins of society, including assisting the homeless and promoting recovery from addictions, and are undertaken to further our charitable objects for public benefit.

Who Uses and Benefits from our Services?

Primarily the Trust operates in the Stroud District, seeking to assist those in need: the vulnerable and the marginalised. The street level access for the Drop-in means that the service is available to all and as many of our guests lead chaotic lives they can come in whenever we are open. There are no barriers to entry and all guests are welcomed equally. The Trustees have had due regard to the public benefit guidance published by the Charity Commission.

Marah is committed to ensuring equality of access for all to our services and that no-one is discriminated on any grounds, including gender, disability/health, ethnic origin and sexuality. It must be noted that our policy of welcoming all without any questions at the Drop-in, including those more chaotic guests, who may be under the influence of alcohol and/or drugs, presents a challenge when collecting data on the people who use our services.

A 2019 survey revealed:



The Drop In

Our Drop-in offers our guests friendship, wholesome food, respect and hope with volunteers available each session to talk with guests who wish to engage. Our guests experience the sense of family and community support that is often missing from their lives. For many, it is the only place where they are welcomed warmly, without judgement. A place where if they need help to make any change in their life, they know they will receive it.

By the end of the financial year we returned to our pre-pandemic service, with meals being served inside, forming a social space for our guests. In addition, we retained the take-away service so that all guests' needs can be accommodated. We provide a full hot meal with dessert for free on Monday and Wednesday, Saturdays are a lighter meal based around toasted sandwiches with extras such as fruit and cake. During the pandemic, we changed to a takeaway system so that guests could collect meals for themselves and others who need a meal in a safe and reliable manner.

Our great achievement this year was the extension of the service to include a Friday lunchtime offering. We recruited a new team of volunteers and with the help of one of our cooks, we invited guests to join us for lunch with a hot meal, dessert, cakes and beverages. The service has been very well received and by the end of year the numbers attending were similar to those on Monday and Wednesday.



We regularly receive donations from Tesco through the Fare Share scheme and also from our local Waitrose. They provide good quality unsold food which is used to prepare meals or passed directly to our guests.

As well as providing food and friendship at the Drop-in, our volunteers also assist with the sourcing and free provision of clothing, shoes, essential toiletries and pet food.

As lockdowns and upheaval continued, but with guests becoming more familiar with the situation we served a significantly higher number of meals in 2021 – 2022 than in previous years. A total of 15,177 meals were served in 2021- 2022, compared with 10,296 and 9,319 in the previous two years. The average number of guests attending has fallen from 45 per session pre pandemic to around 35, this has enable us to provide each guest with more meals to take away to family, friends and neighbours. Full statistics for the year can be seen in Appendix 1.

“The meals are lovely, the company is beautiful. They make you all feel welcome. They are very kind and they all work hard and they make you feel safe and welcome. Nobody can beat this place with kindness.” (Sue)

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Marah Emergency Food Packs

For those in most need, we provide a lifeline in the form of a selection of basic foods that will last for three days for a single person. Each pack consists of staples such as cereals, baked beans, pasta, milk and juice. Even the odd treat like a packet of biscuits. This need arises because some of our guests continue to struggle with little or no income due to having their benefits stopped or reduced by sanction for a variety of reasons. Many of our guests have mental and physical health needs and often struggle to cope in all aspects of their lives. As well as addressing hunger and the need for food, the food pack can make a big difference to their wellbeing and ability to cope with daily life.

Stroud District Foodbank provides the food packs and we monitor and record how they are issued. A total of 627 packs were given out in the past year.

“I like the welcome and respect of the volunteers who treat me as a normal citizen, the company of fellow visitors. An oasis of love.”



Marah Hardship Payments

Marah has a very limited fund to assist guests in urgent need. This includes providing bus/train tickets to attend hospital, probation, benefits and other appointments. In extreme circumstances a small one-off top-up payment is provided to help with gas/electricity supply. Those receiving such help are referred to P3 or other advice services if not already receiving such support. The Drop-in Manager manages the hardship payments and cash is never given out. Stroud Citizens Advice Bureau have helped in the past to cover the cost of many of these payments for us via the ‘Help Through Crisis’ Project funding they have received.

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Advocacy and Guest Support

Marah's Drop-in manager acts as a vital link between our guests and various agencies in the area. Our guests can access support and practical help in connecting with social services, local authorities and with our local partner agency P3, who are a national charity funded to provide advice and support in local communities.

Our Drop-in manager engages with our guests and builds relationships of trust and support. He provides advice and guidance when requested and gives them the confidence to seek out the help they may need.

This may mean liaising with GP, Hospital, Court and Probation services and assisting guests in making and attending appointments.

The Drop-in manager has strong links with P3 and will put guests in touch with P3 workers so that they can quickly pick up referrals and be made available to assist guests. P3 provide practical advice and structured support in a range of areas. This includes benefits advice and appeals, housing advice and homelessness prevention, assistance with job searches, help completing forms, referrals to supported accommodation and debt advice.

The trust that has been built up by Marah's Drop-in manager with many of our guests over time encourages them to ask for help when needed and helps prevent many from reaching a crisis point in their lives.

A guest story: Paul

The following case example reflects how Marah's engagement with people on the margins can positively affect their lives. The name of the client has been changed.

This homeless man was sleeping rough and had been directed to Marah by other guests who had met him in town. He had been caring for his elderly mother who was very ill, in her home. She had gone into hospital for long-term care and he was told by the landlord that he had to leave the accommodation. Marah's Drop-in Manager connected him up with the Rough Sleepers Outreach Team. To help him engage with services, Marah bought him a basic mobile phone, as his had broken. We also helped with clothing, toiletries and a sleeping bag. He now has his own permanent home and feels settled.

Partnerships

Marah is committed to effective partnership working and is proud of the relationships we have established.

FareShare is a national charity that co-ordinates the distribution of excess food from local supermarkets. Marah receives food to use and to give out to our guests from Waitrose and Tesco and this includes fresh fruit, vegetables, tinned and dry goods.

P3 Housing support: Pre-pandemic, P3 workers regularly attended our weekday Drop-in. During the pandemic Marah has worked hard to ensure that guests can access P3 advice and support service.

The Rough Sleepers Outreach Team work with street homeless people and has a strong working relationship with Marah. We work closely together to ensure street homeless people are assisted quickly – the aim being to secure appropriate support and access to accommodation. The team often attend our Drop-in. The Outreach Service is currently provided by P3 Charity.

CGL provide Drug and Alcohol Recovery services in Stroud and Marah signposts people to CGL services when appropriate and encourages those in addiction to engage with them.

ARA (Addiction Recovery Agency) role is to work with hard-to-reach guests and help them in accessing substance misuse support and engaging with those services. They regularly attend the Drop in and engage with our guests who reach out for support.

The GEM (Going the Extra Mile) Project aims to assist people into employment by providing guidance and close support. The GEM worker continues to assist guests and volunteers who want to move to employment.

Stroud District Council Housing Advice & Homelessness Prevention Team attend the Drop-in to provide advice direct to Marah guests, who often find it difficult to engage with their service.

Emmaus: We work closely with the local Emmaus shop team, who are keeping in touch with and supporting rough sleepers; providing sleeping bags, clothing and other items when needed.

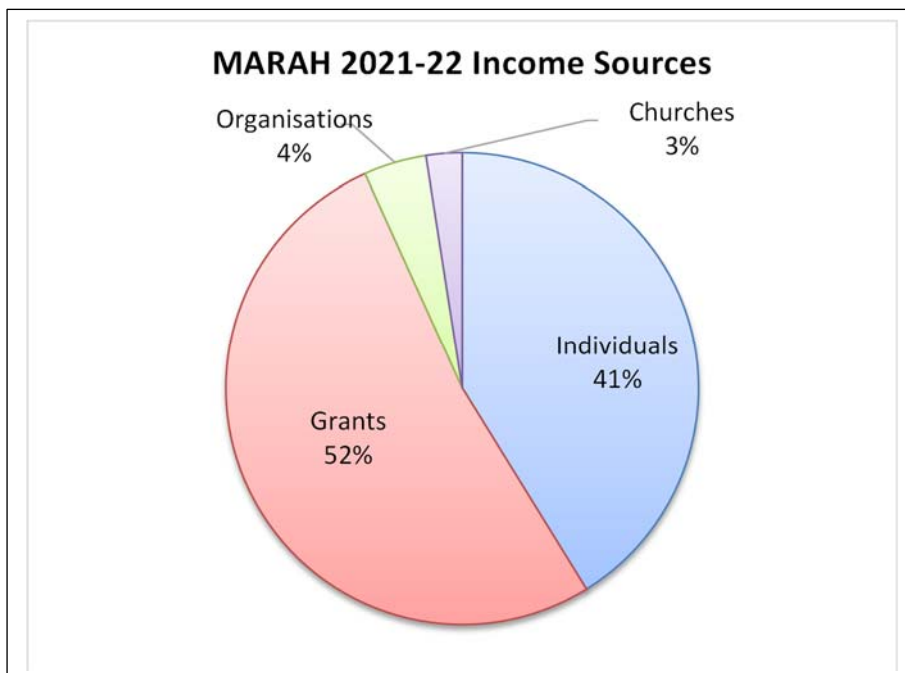
Stroud District Foodbank (SDF) supply Marah's emergency food packs and some supplies for the Drop-in including tea, coffee and tinned items.

Marah continues to have good working relationships with other local agencies and services, including Citizens Advice Bureau, the Salvation Army, 2gether Trust (local NHS mental health services) and the local Neighbourhood Police Team and Community Wardens.

Support from the Local Community and Business

The local community is very supportive of the work we do and we have welcomed special support and events, which have also helped to raise Marah’s profile. The total cost of our Christmas meal was very kindly covered by a local company Nuview Ltd. for the fifth year running. Waitrose covered additional costs related to meals provided over the Christmas holiday period. Stroud supermarkets, Waitrose and Tesco supply us weekly with food due to go out of date which is used in the kitchen and distributed to our guests.

Fundraising



We would like to thank the following grant-making bodies for their generous support received from April 2021 to end of March 2022:

- Stroud Town Council
- Stroud District Council - Community Resilience Grant
- Stroud District Council - Homeless Prevention Grant
- Thriving Communities Grant from Gloucestershire County Council
- Julia and Hans Rausing Trust
- Waitrose Ltd.

Our People

Marah's main resource is its people and the contribution they make. We have a group of around 40 volunteers who assist with Drop-in operations, cooking and kitchen tasks, and administration.

Volunteers gave an amazing total of 2,878 hours of their time this year (See Appendix 1).



We have a very small number of staff. Our part-time Drop-in manager is responsible for the day to day running of the Drop-in and our food is prepared by two part-time cooks.

"I can't cook. I have epilepsy. I like Marah for the social company, the nice meals and it gives me motivation".

Our trustees are:

Jackie Natt (Chair)

Jim Coubrough (Treasurer)

Tina Cutler (Secretary)

David Drew

Keith Rudman

None of our activities could have been achieved without the hard work and dedication of all our volunteers.

The Trustees would like to express their heart-felt appreciation to all our volunteers.

Commitments for 2022 – 2023

The priorities for the coming year for The Marah Trust are:

1. Assessing the success of the new Friday service with a view to making it a permanent addition to the service, taking into account available resources of volunteers and funds.
2. Ensuring adequate succession planning within the volunteers and trustees to secure Marah's future
3. Engaging, training and communicating with our volunteers and employees to offer rewarding and satisfying roles by providing welcoming and rewarding work and by recognising the contribution our people make to Marah's success.
4. Continue fundraising and developing more regular income streams and ensuring a more continuous flow of grants and regular giving.

Structure, Governance and Management

Governing Document

The Trust is a company limited by guarantee, incorporated on 6 March 2006 and registered as a charity on 20 July 2006. The company was established under a Memorandum of Association which sets out its objects and powers and is governed under its Articles of Association. In the event of the company being wound up, its Members are each required to contribute an amount not exceeding £1.

Organisational Structure

The Trust's Articles provide that its affairs shall be managed by the Trustees who are its Directors under company law and Trustees under charity law. They give their time voluntarily and receive no benefits from the Trust. Expenses reclaimed from the Trust are set out in Note 9 of the Financial Statements.

The Trustees are actively involved in determining strategy, direction, oversight and control. The Trustees meet on average monthly and further meetings may be held to deal with specific matters as the need arises.

Recruitment And Appointment Of Trustees

Under the Articles, Trustees are appointed by the Members of the Trust and serve for a three-year term. A retiring Trustee, if willing to stand and duly proposed may stand for re-appointment at the meeting at which (s)he retires. There is no limit on the number of re-appointments permissible. At the first meeting of Trustees after the AGM the Trustees appoint a Chair from their number.

Trustee Induction And Training

Marah is committed to providing suitable induction and training to Trustees. All Trustees before appointment should be made aware of the following:

- the duties, responsibilities and obligations of Trustees
- the governing documents of the Trust and relevant operational procedures
- the Trust's vision, its strategic goals and plans for the immediate future
- matters considered by the Trustees in the preceding 12 months, as covered by the minutes of meetings
- the Trust's current financial position, as set out in the latest financial statements and management accounts.

Related Parties And Networking Relationships

Marah has established good working relationships with local partner agencies, including the CAB, Independence Trust (drugs and alcohol service), local police, mental health services and local authority housing department. The Trust seeks to relate to local churches and Christian agencies having complementary visions and objectives.

Risk Management

The Trustees keep under review the major risks to which the Trust is exposed and seek to keep in place the appropriate procedures and systems to minimise those risks.

A significant external risk is the uncertainty of income, both in timing and quantum. To minimise the impact of fluctuating income, the Trustees seek a level of Free Reserves in hand in accordance with the Reserves Policy stated on page 8. To help minimise the uncertainty of the level of ongoing donations, the lack of which could affect the Trust's ability to carry on providing its range of services, ways and means continue to be explored to see how the Trust's income generating activities can be expanded.

As regards internal risk, with the Trust being a small organisation having only three part-time employees and being almost totally dependent on volunteers, there is a threat that lack of volunteers could endanger the

continuance of its operations. There is only limited action the Trust can take but it does promote its needs through all possible means, including direct approach to possible individuals. In respect of other internal risks, the Trustees aim to minimise these through procedures for authorisation of all transactions and projects for all operational aspects of the Trust. These procedures are reviewed periodically to ensure they continue to meet the needs of the Trust.

Membership of the Trustees

The Trustees (who are also Directors of the Trust for the purposes of company law) serving during the year and up to the date of this Report are set out on page 1.

Responsibilities of the Trustees

The Trustees are responsible for preparing their report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) Accounting and Reporting by Charities issued in March 2005.

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the Trust and of the incoming resources and the application of resources, including the income and expenditure, of the Trust for the year. In preparing these financial statements, the Trustees are required to:

- o select suitable accounting policies and then apply them consistently
- o observe the methods and principles in the Charities Statement of Recommended Practice;
- o make judgements and estimates that are reasonable and prudent;
- o state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- o prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the Trust will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Trust and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

The Trustees appointed Hazlewoods Accountants to be the Independent Examiner for the purposes of these Financial Statements.

This Report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

Approved by the Trustees on1/9/2022..... and signed on its behalf by


Jacqueline Mae Natt, Chair of Trustees

Independent Examiners' Report To The Trustees Of Marah Trust On The Unaudited Financial Statements

I report on the accounts of the Marah Trust for the year ended 31 March 2022, which are set out below.

Respective responsibilities of the Trustees and Examiner

The Charity's Trustees (who are also the Directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ("the 2006 Act") and the Charities Act 2011 ("the 2011 Act"). The Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the Act) and under Part 16 of the 2006 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the 2011 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Independent examiners' statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- The accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the financial statements do not accord with such records; or
- the financial statements do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



.....
 Martin Howard FCA
 HAZLEWOODS LLP
 Windsor House
 Bayshill Road
 Cheltenham
 GL50 3AT

6 September 2022

 Date

Marah Trust Statement of Financial Activities (including summary income and expenditure account) as at 31 March 2022

Details	Income & Expenditure As at 31 March 2022			As at 31 March 2021		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Income and Endowments from						
Charitable Activities			0			0
Donations and Legacies	49,869	21,840	71,709	64,502	12,796	77,298
Investments	9		9	18		18
	49,878	21,840	71,718	64,520	12,796	77,316
Expenditure						
Accounts & Book-keeping	2,272		2,272	2,032		2,032
Client Assistance	37		37	76		76
Covid Expenses			0	1,316	551	1,867
DBS Administration	135		135	27		27
Depreciation	195		195	174		174
Drop-in Accommodation	5,481	1,512	6,993	4,648	903	5,551
Drop-in Consumables	3,351	16,891	20,242	4,141	7,842	11,983
Drop-in Equipment	242	2,328	2,570	14	43	57
Health & Safety Information			0	227		227
Technology	229		229	443	30	473
Insurance	532		532	431		431
Legal	13		13	13		13
Membership	96		96			
Office Costs	345		345	224		224
Rent	2,221		2,221	2,221		2,221
Salaries	21,843	4,805	26,648	22,480		22,480
Staff Expenses	48	43	91	77		77
Telephone	20		20	131		131
Volunteer Expenses	10		10	6		6
	37,070	25,579	62,649	38,681	9,369	48,050
Net Income/Expenditure	12,808	-3,739	9,069	25,839	3,427	29,266
Total Funds Brought Forward	111,207	3,739	114,946	85,368	312	85,680
Total Funds Carried Forward	124,015	0	124,015	111,207	3,739	114,946

**Marah Trust Statement of Financial Activities
Balance Sheet as at 31 March 2022**

Details	As at 31 March 2022				As at 31 March 2021
	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	Total Funds £	Total Funds £
Fixed Assets					
Intangible Assets				0	0
Tangible Assets	782			782	697
Total Fixed Assets	782	0	0	782	697
Current Assets					
Cash at bank & in hand	122,343			122,343	114,454
Deferred Expenditure				0	0
Debtors	1,890			1,890	579
Total Current Assets	124,233	0	0	124,233	115,033
Creditors					
Amounts falling due in one year	1,000			1,000	784
Amounts falling due after one year				0	0
Total Current Liabilities	1,000	0	0	1,000	784
Net Current Assets/(Liabilities)	123,233	0	0	123,233	114,249
Total Net Assets or Liabilities	124,015	0	0	124,015	114,946
Funds of the Charity					
Endowment Funds				0	0
Restricted Income Funds		0		0	3,739
Unrestricted Funds	124,015			124,015	111,207
Revaluation Reserves Fair Valuation Reserves				0	0
Total Funds	124,015	0	0	124,015	114,946

REGISTERED COMPANY NUMBER

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**MARAH TRUST
BALANCE SHEET – CONTINUED
AT 31 MARCH 2022**

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP

Jacqueline R. Natt
.....
Jacqueline Natt
Chair

1/9/2022
.....
Date

J.M. Coubrough
.....
Jim Coubrough
Trustee

1/9/2022
.....
Date

MARAH TRUST

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. GENERAL INFORMATION

The company is a private company limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £1 towards the assets of the company in the event of liquidation.

The address of its registered office is:

Open House
Painswick Inn
Gloucester Street
Stroud
GL5 1QG

2. ACCOUNTING POLICIES

Accounting Convention

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), and with the Companies Act 2006, and with the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

Given the high level of reserves currently held by the charity, the Trustees assess that there are no material uncertainties about the charity's ability to continue as a going concern.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to the particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment: 20% on reducing balance.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. ACCOUNTING POLICIES (Continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

3. VOLUNTARY INCOME

	2022	2021
	£	£
Personal giving donations	25,030	29,845
Gift aid tax reclaimed	4,503	5,510
Membership	-	-
Donations from organisations	3,075	2,719
Grants	37,340	31,315
Corporate giving	-	-
Church giving donations	1,761	7,900
Church giving regular	-	-
	<u>71,709</u>	<u>77,298</u>

4. ACTIVITIES FOR GENERATING FUNDS

	2022	2021
	£	£
Fundraising Events	<u>-</u>	<u>-</u>

5. INVESTMENT INCOME

	2022	2021
	£	£
Deposit Account Interest	<u>9</u>	<u>18</u>

6. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	2022	2021
	£	£
Foodbank	<u>-</u>	<u>-</u>

7. COSTS OF GENERATING VOLUNTARY INCOME

	2022	2021
	£	£
Rent	2,221	2,221
Insurance	532	431
Computer consumables	229	473
Office expenses	298	224
	<u>3,280</u>	<u>3,349</u>

8. CHARITABLE ACTIVITIES COSTS

	2022	2021
	£	£
Charitable activities	<u>56,567</u>	<u>42,137</u>

9. GOVERNANCE COSTS

	2022	2021
	£	£
Accountancy and bookkeeping	1,572	1,432
Independent Examination of Accounts	700	600
Payroll Costs	322	345
Legal fees	<u>13</u>	<u>13</u>
	<u>2,607</u>	<u>2,390</u>

10. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	2022	2021
	£	£
Depreciation – owned assets	<u>195</u>	<u>174</u>

11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustee's expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

12. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	26,020	21,885
Employers pension costs	306	250
Payroll costs	<u>322</u>	<u>345</u>
	<u>26,648</u>	<u>22,480</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Drop in manager	1	1
Drop in cook	2	2
No employees received emoluments in excess of £60,000.	-	-

13. TANGIBLE FIXED ASSETS

	Computer Equipment £
COST	
At 1 April 2021	4,312
Additions	280
At 31 March 2022	4,592
DEPRECIATION	
At 1 April 2021	3,615
Charge for year	<u>195</u>
At 31 March 2022	<u>3,810</u>
NET BOOK VALUE	
At 31 March 2022	<u>782</u>
At 31 March 2021	<u>697</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	-	-
Accrued Income	-	-
Deferred Expense	-	-
Gift Aid tax repayment	1,890	579
Prepayments	<u>-</u>	<u>-</u>
	<u>1,890</u>	<u>579</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	233	137
Social security and other taxes	-	-
Pensions	67	51
Wages and salaries	-	-
Accrued expenses	<u>700</u>	<u>658</u>
	<u>1,000</u>	<u>846</u>

16. MOVEMENTS IN FUNDS

Current Year (2021 to 2022)

	At 1 st April 2021 £	Net movement in funds £	At 31 st March 2022 £
Unrestricted funds			
General fund	111,207	12,808	124,015

Restricted funds:

(Carried forward from previous year, remaining amount from Gloucestershire County Council grant for Drop-in costs: £3,739

This Year:

Sylvanus Lysons Charity for Drop-in costs: £3,000 – expenditure £3,000

Julia & Hans Rausing for Drop-in costs: £8,547 – expenditure £8,547

Nuview Ltd for Christmas Meal: £353 – expenditure £353

Gloucestershire County Council for Drop-in costs: £9,940 – expenditure £13,679 using funds brought forward from previous year)

Restricted fund	<u>3,739</u>	<u>(3,739)</u>	<u>-</u>
TOTAL FUNDS	<u>114,946</u>	<u>9,069</u>	<u>124,015</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	49,878	(37,070)	12,808
Restricted funds			
Restricted fund	<u>21,840</u>	<u>(25,579)</u>	<u>(3,739)</u>
TOTAL FUNDS	<u>71,718</u>	<u>(62,649)</u>	<u>9,069</u>

Previous Year (2020 to 2021)

	At 1 st April 2020 £	Net movement in funds £	At 31 st March 2021 £
Unrestricted funds			
General fund	85,368	25,839	111,207
Restricted funds			
Restricted fund	<u>312</u>	<u>3,427</u>	<u>3,739</u>
TOTAL FUNDS	<u>85,680</u>	<u>29,266</u>	<u>114,946</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	64,520	(38,681)	25,839
Restricted funds			
Restricted fund	<u>12,796</u>	<u>(9,369)</u>	<u>3,427</u>
TOTAL FUNDS	<u>77,316</u>	<u>(48,050)</u>	<u>29,266</u>

17. CASH AT BANK AND IN HAND

	2022 £	2021 £
Lloyds Treasurers' account	59,339	96,233
Lloyd's Debit Card accounts	90	306
Lloyds Deposit account	48,002	3,009
CCLA Deposit account	14,912	14,906
Cash	-	-
	<u>122,343</u>	<u>114,454</u>

18. RELATED PARTY TRANSACTIONS

There were no Related Party transactions.

Appendix 1: 2021 – 2022 Year End Statistics

			MEALS							
	Total Volunteer Hours	Other Volunteer Hours	Total Volunteer Hours	Guests Visits	Guest Meals 2nd	Total Guest Meals	Average Client visits per month	Average Meals per session	Total Emergency Food Packs Issued	Total sessions in month
APRIL	247	47	200	411	635	1046	34	87	54	12
MAY	280	44	236	458	733	1191	33	85	50	14
JUNE	266	48	218	456	693	1149	35	88	51	13
JULY	277	40	237	409	667	1076	31	83	52	13
AUG	405	56	349	495	833	1328	33	89	55	15
SEPT	373	43	330	533	890	1423	38	102	46	14
OCT	437	48	390	603	914	1517	34	84	57	18
NOV	414	28	386	661	882	1543	39	91	70	17
DEC	424	40	384	544	788	1332	34	83	42	16
JAN	409	48	361	433	753	1186	27	74	61	16
FEB	408	37	371	483	763	1246	30	78	42	16
MARCH	480	37	443	504	636	1140	30	67	47	17
TOTAL	4420	516	3904	5990	9187	15177	33	84	627	181

